

Rochester Tehillim Group

This list was updated on July 20, 2010

To get a more current list, to make changes to our list, or to be assigned a Perek of Tehillim to recite daily please visit:

<http://www.frontiernet.net/~cholim/>

Upon completion of Tehillim, recite the following:

יהי רצון מלפניך ה' אלקי ואלקי אבותי שתשלח מהרה רפואה שלמה
מן השמים רפואת הנפש ורפואת הגוף

On Shabbos add:

<<>>

On Yom Tov add:

(יום טוב היא מלועק ורפואה קרובה לבא) <<>> (שבת היא מלועק ורפואה קרובה לבא)

להחולים

(Recite the names of the cholim listed at this point)

בתוך שאר חולי ישראל

The format of our list is changing very soon.

Please contact
Alan Entenberg at

abesps1@ritvax.isc.rit.edu,
or
cholim@frontiernet.net

if you cannot find our list
on the web.

MEN

Menachem Shalom ben Miriam
Eyal Chaim HaCohen ben Chaya Devorah
Gilad Hillel ben Racha Mirel
Assaf ben Shoshana
Shmuel Yeruchum ben Leah
Yehuda Tzvi Hersh ben Susha
Yaacov ben Mutas Yahu
Yoel Zev ben Mirel Rissa Chava
(Japanese prisoner)
Yaakov Yosef ben Raizel
(Japanese prisoner)
Yosef ben Itta Rivka (Japanese prisoner)
Dovid ben Baila
Tinok ben Shira Leah
Mordechai Tzemach ben Mazal Tov
(HaRav Mordechai Eliyahu, former Israel Chief Sephardic Rabbi)
Avrohom ben Devorah (Rav Kanarek)
Yosef Zvi ben Rochel Pessel (Joey Azar)
Daniel Reuven ben Sara
Moshe Yonatan ben Sara
Yerachmiel Gavriel ben Rochel
Gilad ben Aviva (((Gilad Shalit)))
Yehonatan ben Malka
Yissachar Dov ben Nechama

Eliezer Leib ben Naomi
Ariel ben Devorah
Mendel Beryl ben Fayga
Aryeh Leib ben Liza
Moshe Baruch ben Fraida Raizel
Y'chezkel ben Evelyn
Elisha Natan ben Shoshana Adina
Avraham Mordechai ben Alta Chaya
Chaim ben Rachel
Yosef ben Chaya Lebe

WOMEN

Leah Aviva bas Raitza Bryna
Pessi bas Feige
Tzipora bas Sara
Tzipora bas Sara Rivka
Tzipora bas Shusha Raizel Yocheved
Breindel bas Chana Raizel
Devorah bas Chaya Sara Malka
Shalva Yakira bas Yardenia Meira
Chana Sara Rochel bas Malka
Sarah Leah bas Maya Elanit
Rachel bas Sarah
Shoshanah Rochel bas Leah
Chana Malka bas Shoshana
Yehudit bas Chana
Ruchama Chava Baila bas Chaya
Golda bas Chana
Sheindel Gitel bas Eidah Adinah
Hilella bas Mirella
Naama Bracha bas Devorah
Esther Rivka bas Chana Miriam
Devorah bas Zeldi Malka
Esther Basha bas Malka Faiga
Aliza Malka Breindel bas Yehudis Bracha
Chaya Duba bas Breindel

Amelia bas Emma
Chana bas Loolee
Shana Hendel bas Esther
Yospie bas Chana Itka
Simcha Leah Chaya bas Rivka
Rochel bas Reva / Rivka
Fayga bas Reva / Rivka
Ruth bas Dora / Dvorah
Aliza bas Shoshana Adina

Please note:

Names that have reached the end of the cycle date will automatically be deleted, unless you ask that they remain on the list shortly before the expiration date.
Thank you!!

For more information, please visit our website:
<http://www.frontiernet.net/~cholim/>