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Reflection for Exercise Video lesson.

This was fun! The children and I enjoyed making this video. Each child got a chance to lead and exercise with me and then work the video camera. In the video you can see them walking towards the camera with huge grins on their faces. They were so excited to be able to use the video camera that is almost in constant use by their interns. I was concerned about how I would have them rotate from the group to the front, to the camera. I had them get in three lines. I started with the first line and went through. This worked better than I thought it would. Although as we got more into the video the kids strayed slightly from their places and it was more difficult for me to see who was next in line. But for the most part, they knew how was next. To start the lesson I lined them up read through the list of exercise that I had previously wrote. I think that if I were to do this again I would have the children help me right the list. I was concerned about time, but the lesson was actually really short. We did about 19 exercises for 10 seconds each. Therefore it really was short. I would make it longer next time. I would also try to get another room to do this in. I would have the video camera at the front of the room so it looked more like a real exercise video.

I played music during the filming, but I was worried about it being too loud for the camera, so in reality it was actually too quite and when you watch the video it seems just like some background noise, not music. I would also have each child get a longer chance to work the camera. They really only got about 15 seconds to work it. They worked it for one exercises each. I would have at least added, after the video, clips of

children introducing themselves. I could let them take turns taping each other. I also wanted them to be able to do more than just look through and aim the camera. Showing them how to use the focusing would have been fun. The video would have been twice as amusing to us if I had them do that. They did completely enjoy what they got to do.