



Hotline Information

Alcoholics Anonymous	507-281-1747
	www.alcoholics-anonymous.org
Al-Anon/Alateen	888-4AL-ANON
	www.Al-anon-alateen.org
Alcohol and Drug Hotline	800-923-HELP
Child Abuse	800-422-4453
Gambler's Anonymous	800-522-4700
	www.gamblersanonymous.org
Gay & Lesbian	888-843-4564
Narcotics Anonymous	877-767-7676
	www.naminnnesota.org
National Domestic Violence	800-799-SAFE
	www.ndvh.org
National Sexual Assault	800-656-HOPE
	www.rainn.org
National Runaway Switchboard	800-RUNAWAY
	www.1800RUNAWAY.org
Suicide: National Suicide Hot Line	800-SUICIDE (784-2433)
More suicide help	www.safechild.org
Tobacco QuitPlan	888-354-PLAN
	www.quitplan.com

Smoking Cessation Programs

American Cancer Society	651-255-8100
American Lung Association	651-227-8014
Minnesota QUITPLAN	888-354-PLAN



County Resources

Goodhue County Residents —Goodhue County Mental Health Department	651-385-6180
Olmsted County Residents – Adult and Family Services Division	507 328-6400
Wabasha County Residents – Hiawatha Valley	(651) 565-2234
Dodge County Residents – Human Services	507-635-6170



Self Help Groups

Red Wing AA	651-388-5800
Cocaine Anonymous	651-385-9096
Rochester AA Inter-group	507-281-1747
NA	507-281-2227
Northfield AA	507-645-6282
Hastings AA/Al-Anon	651-437-9614
Al-Anon Family Group	651-437-9723
	or 651-437-3591
Bay City, WI Al-Anon, Women's AA,	
Ala-teen, Spirit of Women AA, AA	715-594-3131
Ellsworth, WI Celebrate Recovery	715-273-4617
Al-Anon	715-273-3569
Beginners Group AA	715-273-3579
	or 715-792-2905
Cocaine Anonymous	651-385-9096
Ala-teen/Ala-non	651-771-2208
Faribault Ala-teen/Ala-non	507-332-2593
Narcotics Anonymous	www.naminnnesota.org
MN Region Info Line	877-767-7676

For additional information on local resources call the Goodhue County HELPLINE at 651-385-3357 or First Call for Help at 211.

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at **651-385-3357**
or **First Call for Help at 211.**

ANONYMOUSLY Report Suspicious Activity in Goodhue County call 866-887-HELP



For Additional Resource Information, visit our CHI website at www.chi-goodhue.org

Community Chemical Health & Mental Health Resources

Community Resource Guide
For Citizens Living
In and Around Goodhue County

To include Goodhue, Wabasha, Olmsted and Rice Counties, Pierce (WI) County, Minneapolis/St. Paul Metro



Chemical Health Initiative of Goodhue County

1407 W. 4th Street, Red Wing, MN 55066
651-385-3307
www.chi-goodhue.org



Crisis Numbers

Goodhue County provides crisis assistance and referrals to crisis facilities. Mental Health Center staff may be contacted at 651-385-6180 or 1-800-657-4941. During night-time hours or weekends, crisis calls will be received at 1-800-422-0670.

For emergency situations, call 9-1-1.

ABC Crisis Nursery	651-388-9360
Battered Women Hotline	800-369-5214
Emergency Social Service (after hours)	651-385-3155
Goodhue County HELPLINE (Info & Referral)	651-385-3357
Goodhue/Wabasha Sexual Assault Services	
24 Hour Support Line	800-519-6690
Red Wing Office	651-388-9360
Mayo Clinic Health Systems (Red Wing)	651-267-5000
Minnesota Relay (hearing & speech impaired)	711
Women's Center Crisis Line	651-385-8600



Chemical Use/Abuse Assessments

Goodhue County Residents 651-385-6180

****All treatment programs do assessments**



Chemical Dependency Treatment Centers

Chicano Latinos Unidos En Servicios (Minneapolis)	651-379-4200
Hazelden Center for Youth & Families (Plymouth)	888-257-7800
Dakota County Receiving Center (Hastings)	651-437-4209
Mayo Foundations Addiction Services (Rochester)	507-255-4065
Regions New Connections (St. Paul)	651-254-5294

****All treatment programs do drug testing at minimal cost****



YOUTH Chemical Dependency Treatment Centers/ Programs

Fairview Riverside (Minneapolis)	612-672-6600
Fountain Centers (Albert Lea)	507-377-6411
Hazelden Center for Youth & Families (Center City)	651-257-4010
Regions New Connections (Hastings)	651-480-1180
Teen Challenge, Minneapolis, MN	612-373-3366



Counseling & Mental Health Services

Covered Bridge Family Resources (Zumbrota)	507-732-4136
Faribault Family Focus	507-334-6413
Goodhue County Mental Health (Red Wing)	651-385-6180
Mayo Clinic Health Systems (Red Wing)	651-267-5000
Northfield Family Focus	877-574-7328
Owatonna Family Focus	507-451-0511
Rochester Behavioral Health Services	507-281-5515
Wenden Recovery Services	
Red Wing	651-385-0600
Rochester	507-292-1379
Winona	507-425-5890
Zumbro Valley Psychological Services (Rochester)	800-422-0161
Fernbrook	
Owatonna Office	507-446-0431
Faribault Office	507-331-3454
Kasson Office	507-634-4690
Waseca Office	507-201-2568
Red Wing Office	651-212-7429



Online Treatment Facility Search

SAMHSA Substance Abuse Treatment Facility Locator
<http://findtreatment.samhsa.gov/>
 SAMHSA Treatment Referral Helpline
 1-800-662-HELP (4357)
 1-800-487-4889 (TDD)

Chemical and Mental Health Evaluations

Call your insurance carrier's customer service line to clarify your coverage and process by which you set up an appointment.

OR

Call your primary care clinic for a referral for specific services.

Insurance Information Reference Guide

Blue Cross/Blue Shield
 1-800-382-2000
 TDD 1-888-878-0137
 Www.bluecrossmn.com

Health Partners
 1-800-883-2177
 Www.healthpartners.com

Medica
 1-952-992-2900
 Www.medica.com

Minnesota Care
 Twin Cities Metro 1-651-297-3862
 Outside the Twin Cities 1-800-657-3672
 TTY: (800) 627-3529 or 711

Child Protection

Goodhue County 651-385-3232

Care Clinic

The free clinic serves uninsured residents of Goodhue County whose annual incomes are at or below 275% of poverty level.

- Open every Tuesday evening from 4:00—6:30pm for registrations.
- Appointments given on first come basis.
- Patients are seen until 8 p.m.
- 1407 West 4th Street, Red Wing
- 651-388-1022
- www.careclinicrw.com