

Alcoholics Anonymous 507-281-1747 www.alcoholics-anonymous.org Al-Anon/Alateen 888-4AL-ANON www.Al-anon-alateen.org Alcohol and Drug Hotline 800-923-HELP Child Abuse 800-422-4453 Gambler's Anonymous 800-522-4700 www.gamblersanonymous.org Gay & Lesbian 888-843-4564 Narcotics Anonymous 877-767-7676 www.naminnesota.org National Domestic Violence 800-799-SAFE www.ndvh.org National Sexual Assault 800-656-HOPE www.rainn.org National Runaway Switchboard 800-RUNAWAY www.1800RUNAWAY.org Suicide: National Suicide Hot Line 800-SUICIDE (784-2433)More suicide help www.safechild.org Tobacco QuitPlan 888-354-PLAN www.quitplan.com

Smoking Cessation Programs

American Cancer Society 651-255-8100
American Lung Association 651-227-8014
Minnesota QUITPLAN 888-354-PLAN



County Resources

Goodhue County Residents—Goodhue County
Mental Health Department 651-385-6180
Olmsted County Residents - Adult and Family
Services Division 507 328-6400
Wabasha County Residents - Hiawatha Valley
(651) 565-2234

Dodge County Residents – Human Services 507-635-6170



Self Help Groups

Red Wing AA	651-388-5800
Cocaine Anonymous	651-385-9096
Rochester AA Inter-group	507-281-1747
NA	507-281-2227
Northfield AA	507-645-6282
Hastings AA/AI-Anon	651-437-9614
Al-Anon Family Group	651-437-9723
	or 651-437-3591
Bay City, WI Al-Anon, Women	s AA,
Ala-teen, Spirit of Women AA,	AA 715-594-3131
Ellsworth, WI Celebrate Recov	ery 715-273-4617
Al-Anon	715-273-3569
Beginners Group AA	715-273-3579
	or 715-792-2905
Cocaine Anonymous	651-385-9096
Ala-teen/Ala-non	651-771-2208
Faribault Ala-teen/Ala-non	507-332-2593
Narcotics Anonymous	www.naminnesota.org
MN Region Info Line	877-767-7676

For additional information on local resources call the Goodhue County HELPLINE at 651-385-3357 or First Call for Help at 211.

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ANONYMOUSLY Report Suspicious Activity in Goodhue County call 866-887-HELP



For Additional Resource Information, visit our CHI website at www.chi-goodhue.org

Community Chemical Health & Mental Health Resources

Community Resource Guide For Citizens Living In and Around Goodhue County

To include Goodhue, Wabasha, Olmsted and Rice Counties, Pierce (WI) County, Minneapolis/ St. Paul Metro



Chemical Health Initiative of Goodhue County

1407 W. 4th Street, Red Wing, MN 55066 651-385-3307 www.chi-goodhue.org



Crisis Numbers

Goodhue County provides crisis assistance and referrals to crisis facilities. Mental Health Center staff may be contacted at 651-385-6180 or 1-800-657-4941. During night-time hours or weekends, crisis calls will be received at 1-800-422-0670.

For emergency situations, call 9-1-1.

ABC Crisis Nursery 651-388-9360
Battered Women Hotline 800-369-5214

Emergency Social Service (after hours) 651-385-3155 Goodhue County HELPLINE (Info & Referral)

651-385-3357

Goodhue/Wabasha Sexual Assault Services

24 Hour Support Line 800-519-6690

Red Wing Office 651-388-9360

Mayo Clinic Health Systems (Red Wing) 651-267-5000
Minnesota Relay (hearing & speech impaired) 711
Women's Center Crisis Line 651-385-8600



Chemical Use/Abuse Assessments

Goodhue County Residents 651-385-6180

**All treatment programs do assessments



Chemical Dependency Treatment Centers

Chicano Latinos Unidos En Servicos (Minneapolis) 651-379-4200

Hazelden Center for Youth & Families (Plymouth) 888-257-7800

Dakota County Receiving Center (Hastings)

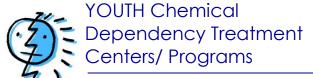
651-437-4209

Mayo Foundations Addiction Services (Rochester)

507-255-4065

Regions New Connections (St. Paul) 651-254-5294

All treatment programs do drug testing at minimal cost



Fairview Riverside (Minneapolis) 612-672-6600 Fountain Centers (Albert Lea) 507-377-6411 Hazelden Center for Youth & Families (Center City)

651-257-4010

Regions New Connections (Hastings) 651-480-1180 Teen Challenge, Minneapolis, MN 612-373-3366



Counseling & Mental Health Services

Covered Bridge Family Resources (Zumbrota)

Faribault Family Focus 507-334-6413
Goodhue County Mental Health (Red Wing) 651-385-6180
Mayo Clinic Health Systems (Red Wing) 651-267-5000
Northfield Family Focus 877-574-7328
Owatonna Family Focus 507-451-0511
Rochester Behavioral Health Services 507-281-5515
Wenden Recovery Services
Red Wing 651-385-0600

 Red Wing
 651-385-0600

 Rochester
 507-292-1379

 Winona
 507-425-5890

Zumbro Valley Psychological Services (Rochester)

800-422-0161

Fernbrook

 Owatonna Office
 507-446-0431

 Faribault Office
 507-331-3454

 Kasson Office
 507-634-4690

 Waseca Office
 507-201-2568

 Red Wing Office
 651-212-7429



Online Treatment Facility Search

SAMHSA Substance Abuse Treatment Facility Locator

http://findtreatment.samhsa.gov/

SAMHSA Treatment Referral Helpline

1-800-662-HELP (4357) 1-800-487-4889 (TDD)

Chemical and Mental Health Evaluations

Call your insurance carrier's customer service line to clarify your coverage and process by which you set up an appointment.

OR

Call your primary care clinic for a referral for specific services.

Insurance Information Reference Guide

Blue Cross/Blue Shield

1-800-382-2000

TDD 1-888-878-0137

Www.bluecrossmn.com

Health Partners

1-800-883-2177

Www.healthpartners.com

Medica

1-952-992-2900

Www.medica.com

Minnesota Care

Twin Cities Metro 1-651-297-3862

Outside the Twin Cities 1-800-657-3672

TTY: (800) 627-3529 or 711

Child Protection

Goodhue County

651-385-3232

Care Clinic

The free clinic serves uninsured residents of Goodhue County whose annual incomes are at or below 275% of poverty level.

- Open every Tuesday evening from 4:00—6:30pm for registrations.
- Appointments given on first come basis.
- Patients are seen until 8 p.m.
- 1407 West 4th Street, Red Wing
- 651-388-1022
- www.careclinicrw.com